



Jan. 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>2</p> <p>B: WGR Cereal w/ Milk, Juice</p> <p>L: Mac & Cheese, Peas, Applesauce, Milk</p> <p>Sn: Oatmeal Bar, Milk</p>	<p>4</p> <p>B: WGR Waffle, Apples, Milk</p> <p>L: Turkey & Cheese Sandwich, Fresh Veggies, Peaches, Milk</p> <p>Sn: Tortilla Chips, Salsa</p>	<p>5</p> <p>B: WGR Cereal w/ Milk, Banana</p> <p>L: Smoked Sausage, Diced Potatoes, Roll, Mixed Fruit, Milk</p> <p>Sn: Animal Crackers, Milk</p>	<p>6</p> <p>B: WGR Cinn. Toast, Assorted Fresh Fruit, Milk</p> <p>L: Meatball Sandwich, Green Beans, Applesauce, Milk</p> <p>Sn: Goldfish Crackers, Juice</p>
<p>9</p> <p>B: WGR Cereal w/ Milk, Banana</p> <p>L: Bean & Cheese Quesadilla, Corn, Tropical Mixed Fruit, Milk</p> <p>Sn: Cheez Its, Juice</p>	<p>10</p> <p>B: WGR English Muffin, Orange Slices, Milk</p> <p>L: Sloppy Joe Casserole, Corn, Peaches, Milk</p> <p>Sn: Cheese, Pretzels, Water</p>	<p>11</p> <p>B: WGR Waffle, Apples, Milk</p> <p>L: Chicken Patty Sandwich, Calif. Blend Veggies, Applesauce, Milk</p> <p>Sn: Baked Oatmeal, Milk</p>	<p>12</p> <p>B: WGR Cereal w/ Milk, Banana</p> <p>L: Chicken Corn Noodle Soup, Crackers, Apples, Milk</p> <p>Sn: Graham Cracker, Milk</p>	<p>13</p> <p>B: WGR Bagel, Assorted Fresh Fruit, Milk</p> <p>L: Pizza, Carrots, Pears, Milk</p> <p>Sn: Peanut Butter Sand. Crackers, Milk</p>
<p>16</p> <p>DSECC Closed</p> <p>Teacher In-Service</p>	<p>17</p> <p>B: WGR Cereal w/ Milk, Juice</p> <p>L: Chicken Nuggets, Rice, Mixed Veg. Applesauce, Milk</p> <p>Sn: Oatmeal Bar, Milk</p>	<p>18</p> <p>B: WGR Waffle, Apples, Milk</p> <p>L: Chef Salad(Ham, HB Egg, Cheese) Roll, Mixed Fruit, Milk</p> <p>Sn: Tortilla Chips, Salsa</p>	<p>19</p> <p>B: WGR Cereal w/ Milk, Banana</p> <p>L: Toasted Cheese, Tomato Soup, Apples, Milk</p> <p>Sn: Animal Crackers, Milk</p>	<p>20</p> <p>B: WGR Cinn. Toast, Assorted Fresh Fruit, Milk</p> <p>L: Swedish Meatballs, Noodles, Green Beans, Peaches, Milk</p> <p>Sn: Goldfish Crackers, Juice</p>
<p>23</p> <p>B: WGR Cereal w/ Milk, Banana</p> <p>L: Mac & Cheese, Peas, Applesauce, Milk</p> <p>Sn: Cheez Its, Juice</p>	<p>24</p> <p>B: WGR English Muffin, Orange Slices, Milk</p> <p>L: Beef Burrito Casserole, Corn, Tropical Mixed Fruit, Milk</p> <p>Sn: Cheese, Pretzels, Water</p>	<p>25</p> <p>B: WGR Waffle, Apples, Milk</p> <p>L: Hot Ham & Cheese Sandwich, Mixed Veggies, Pears, Milk</p> <p>Sn: Baked Oatmeal, Milk</p>	<p>26</p> <p>B: WGR Cereal w/ Milk, Banana</p> <p>L: Kale, Sausage, Bean and Potato Soup w/ Bow Tie Pasta, Crackers, Applesauce, Milk</p> <p>Sn: Graham Cracker, Milk</p>	<p>27</p> <p>B: WGR Bagel, Assorted Fresh Fruit, Milk</p> <p>L: Pizza, Fresh Veggies, Peaches, Milk</p> <p>Sn: Peanut Butter Sand. Crackers, Milk</p>
<p>30</p> <p>B: WGR Cereal w/ Milk, Juice</p> <p>L: PB&J (1 yr olds Cheese) Sand. Carrots, Applesauce, Milk</p> <p>Sn: Crackers, Applebutter, Milk</p>	<p>31</p> <p>B: WGR Bagel, Orange Slices, Milk</p> <p>L: Chicken Patty Sandwich, Mixed Veggies, Peaches, Milk</p> <p>Sn: Oatmeal Bar, Milk</p>			

*All juice is 100% juice

*WGR=Whole Grain Rich

*1 yr olds Served Whole Milk

*2 yrs + Served 1% Milk

*Assorted cereals include: Cheerios, Chex (Corn, Rice, or Wheat), Corn Flakes, Kix, Life, Rice Krispies, etc.

*Assorted Fresh Fruit includes: Bananas, Apples, Oranges

*Assorted Fresh Veggies includes: Carrots, Bell Peppers, Cucumbers