

October 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1	2	3	4
	B: WGR English Muffin, Oranges, Milk	B: WGR Waffle, Apples, Milk	B: WGR Cereal w/ Milk, Banana	B:WGR Bagel, Assorted Fresh Fruit, Milk
	L: Tortellini Alfredo w/ Ham, Peas, Peaches, Milk	L: Chicken Meatballs in Gravy, Smile Fries, Roll, Peaches, Milk	L: Hamburger Veggie Soup, Crackers, Apples, Milk	L: Pizza, Fresh Veggies, Applesauce, Milk
	Sn: Animal Crackers, Milk	Sn: Cheese Sand. Crackers, Juice	Sn: Pumpkin Bread, Milk	Sn: Graham Crackers, Milk
7	8	9	10	11
B: WGR Cereal w/ Milk, Banana	B: WGR Bagel, Orange Slices, Milk	B: WGR Waffle, Apples, Milk	B: WGR Cereal w/ Milk, Banana	B:WGR Cinn. Toast, Assorted Fresh Fruit, Milk
L: Bean & Cheese Quesadilla, Corn, Tropical Mixed Fruit, Milk	L: Toasted Cheese Sandwich, Tomato Soup, Apples, Milk	L: Beef & Peppers, Rice, Roasted Green Beans, Pineapples, Milk	L: Sausage Egg & Cheese Sand. Hashbrown, Oranges, Milk	L: Chicken Patty Sandwich, Mixed Veggies, Applesauce, Milk
Sn: Snack Mix, Juice	Sn: Mini Grahams, Milk	Sn: Crackers, Applebutter, Milk	Sn: Cheez Its, Juice	Sn: Pretzels, Cheese, Water
14	15	16	17	18
B: WGR Cereal w/ Milk, Juice	B: WGR English Muffin, Oranges, Milk	B: WGR Waffle, Apples, Milk	B: WGR Cereal w/ Milk, Banana	B:WGR Bagel, Assorted Fresh Fruit, Milk
L: Ham & Cheese Roll Up, Corn, Applesauce, Milk	L: Chicken Nuggets, Rice, Mixed Veggies, Peaches, Milk	L:Taco Salad(Meat&Beans, Cheese Lettuce) Tortilla Chips, Pineapples, Milk	L: White Lasagna Soup w/ Beans, Carrots & Spinach, Apples, Milk	L: Pizza, Fresh Veggies, Applesauce, Milk
Sn: PB Crackers, Milk	Sn: Animal Crackers, Milk	Sn: Cheese Sand. Crackers, Juice	Sn: Oatmeal Bar, Milk	Sn: Graham Crackers, Milk
21	22	23	24	25
B: WGR Cereal w/ Milk, Banana	B: WGR Bagel, Orange Slices, Milk	B: WGR Waffle, Apples, Milk	B: WGR Cereal w/ Milk, Banana	B:WGR Cinn. Toast, Assorted Fresh Fruit, Milk
L: Zucchini Corn Chowder, Cheese, Crackers, Apples, Milk	L: Pasta w/ Meat Sauce, Salad, Peaches, Milk	L: Smoked Sausage, Diced White & Sweet Potatoes, Roll, Pears, Milk	L: PB&J (1 yr Cheese) Sandwich, Tortilla Chips, Salsa, Applesauce, Milk	L: Chicken Patty Sandwich, Cazrots, Mixed Fruit Milk
Sn: Snack Mix, Juice	Sn: Mini Grahams, Milk	Sn: Crackers, Applebutter, Milk	Sn: Cheez Its, Juice	Sn: Pretzels, Cheese, Water
28	29	30	31	
B: WGR Cereal w/ Milk, Juice	B: WGR English Muffin, Oranges, Milk	B: WGR Waffle, Apples, Milk	B: WGR Cereal w/ Milk, Banana	
L: Mac & Cheese Peas, Applesauce, Milk	L: Spanish Rice & Beans, Corn, Tropical Mixed Fruit, Milk	L: Cheeseburger on Bun, Sweet Potato Fries, Peaches, Milk	L: Pumpkin Soup, Toasted Cheese Sandwich, Apples, Milk	
Sn: PB Crackers, Milk	Sn: Animal Crackers, Milk	Sn: Cheese Sand. Crackers, Juice	Sn: Pumpkin Bread, Milk	

- *All juice is 100% juice
- *WGR=Whole Grain Rich
- *1 yr olds Served Whole Milk
- *2 yrs + Served 1% Milk
- *Assorted cereals include: Cheerios, Chex (Corn, Rice, or Wheat),Corn Flakes, Kix, Life, Rice Krispies, etc.
- *Assorted Fresh Fruit includes: Bananas, Apples, Oranges
- *Assorted Fresh Veggies includes: Carrots, Bell Peppers, Cucumbers