

October 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

					1	2
					B: WGR Cereal w/ Milk, Banana	B: WGR Cinn. Toast, Assorted
						Fresh Fruit, Milk
					L: Toasted Cheese Sandwich, Tomato Soup, Apples, Milk	L: Pizza, Fresh Veggies, Mixed Fruit, Milk
					Sn: Oatballs, Milk	Sn: Cheese Sand. Crackers, Milk
5	6	7	8	9		
B: WGR Cereal w/ Milk, Banana	B: WGR English Muffin, Oranges, Milk	B: WGR Waffle, Apples, Milk	B: WGR Cereal w/ Milk, Banana	B: WGR Bagel, Assorted Fresh Fruit, Milk		
L: Turkey Sausage, Egg & Cheese Sand. Hashbrown, Oranges, Milk	L: Taco Salad(Meat&Beans)Cheese Tortilla Chips, Pineapples, Milk	L: Ranch Chicken Meatballs, Roll, Diced Potatoes, Peaches, Milk	L: White Bean & Spinach Tortellini Soup, Crackers, Apples, Milk	L: Chicken Patty Sandwich, Corn, Applesauce, Milk		
Sn: Goldfish, Juice	Sn: Pretzels, Cheese, Water	Sn: Animal Crackers, Milk	Sn: Oatmeal Bar, Milk	Sn: Graham Cracker, Milk		
12	13	14	15	16		
B: WGR Cereal w/ Milk, Juice	B: WGR English Muffin, Oranges, Milk	B: WGR Waffle, Apples, Milk	B: WGR Cereal w/ Milk, Banana	B: WGR Cinn. Toast, Assorted Fresh Fruit, Milk		
L: PB&J (1yr olds Cheese)Sand. Carrots, Applesauce, Milk	L: Ham & Cheese Roll Up, Mixed Veggies, Pears, Milk	L: Chicken Nuggets, Rice, Corn, Peaches, Milk	L: Hamburger Taco Soup, Tortilla Chips, Tropical Mixed Fruit, Milk	L: Pizza, Carrots, Mixed Fruit, Milk		
Sn: Mini Grahams, Milk	Sn: Crackers, Applebutter, Milk	Sn: Snack Mix, Juice	Sn: Pumpkin Banana Bread, Milk	Sn: Cheese Sand. Crackers, Milk		
19	20	21	22	23		
B: WGR Cereal w/ Milk, Banana	B: WGR English Muffin, Oranges, Milk	B: WGR Waffle, Apples, Milk	B: WGR Cereal w/ Milk, Banana	B: WGR Bagel, Assorted Fresh Fruit, Milk		
L: Butternut Squash Mac & Cheese, Peas, Applesauce, Milk	L: Rice & Beans, Corn, Pineapples, Milk	L: Pasta w/ Meat Sauce, Salad, Pears, Milk	L: Chicken Patty Sandwich, Mixed Veggies, Peaches, Milk	L: Zucchini Corn Chowder, Cheese, Crackers, Apples, Milk		
Sn: Goldfish, Juice	Sn: Pretzels, Cheese, Water	Sn: Animal Crackers, Milk	Sn: Oatmeal Bar, Milk	Sn: Graham Cracker, Milk		
26	27	28	29	30		
B: WGR Cereal w/ Milk, Juice	B: WGR English Muffin, Oranges, Milk	B: WGR Waffle, Apples, Milk	B: WGR Cereal w/ Milk, Banana	B: WGR Cinn. Toast, Assorted Fresh Fruit, Milk		
L: Bean & Cheese Quesadilla, Corn, Pineapples, Milk	L: Smoked Sausage, Roll, Diced Potatoes, Applesauce, Milk	L: Sloppy Joe Sandwich, Sweet Potato Fries, Pears, Milk	L: Pumpkin Soup, Toasted Cheese Sand. Apples, Milk	L: Pizza, Fresh Veggies, Peaches, Milk		
Sn: Mini Grahams, Milk	Sn: Crackers, Applebutter, Milk	Sn: Snack Mix, Juice	Sn: Pumpkin Banana Bread, Milk	Sn: Cheese Sand. Crackers, Milk		

*All juice is 100% juice

*WGR=Whole Grain Rich

*1 yr olds Served Whole Milk

*2 yrs + Served 1% Milk

*Assorted cereals include: Cheerios, Chex (Corn, Rice, or Wheat), Corn Flakes, Kix, Life, Rice Krispies, etc.

*Assorted Fresh Fruit includes: Bananas, Apples, Oranges

*Assorted Fresh Veggies includes: Carrots(4yr and older), Bell Peppers, Cucumbers

*SC Sn= Summer Camp Snack (Water is always a choice with snack) *SC Packed Lunch: PB&J Sandwich, Carrots, Applesauce, Milk