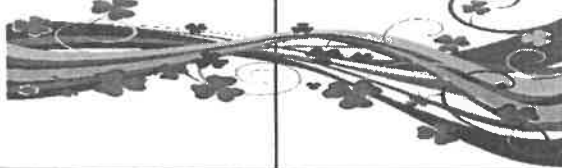


# March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 B: WGR Waffle, Apples, Milk L: Chicken Alfredo Pasta, Broccoli Peaches, Milk Sn: Yogurt, Pretzels, Water	2 B: WGR Cereal w/ Milk, Banana L: Zucchini Corn Chowder, Cheese Crackers, Apple Slices, Milk Sn: Cheez Its, Juice	3 B:WGR Cinn. Toast, Assorted Fresh Fruit, Milk L: Chicken Patty Sandwich, Carrots Applesauce, Milk Sn: Graham Crackers, Milk
6 B: WGR Cereal w/ Milk, Juice L: Sausage, Egg & Cheese Sand. Hashbrown, Mand. Oranges, Milk Sn: Animal Crackers, Milk	7 B: WGR English Muffin, Orange Slices, Milk L: Ham & Cheese Sandwich, Corn Applesauce, Milk Sn: Tortilla Chips, Salsa, Water	8 B: WGR Waffle, Apples, Milk L: Teriyaki Meatballs, Rice, Calif. Blend Veg. Pineapples, Milk Sn: Mini Grahams, Milk	9 B: WGR Cereal w/ Milk, Banana L: Cheeseburger Soup, Crackers, Apple Slices, Milk Sn: Cheese Sand. Crackers, Juice	10 B:WGR Bagel, Assorted Fresh Fruit, Milk L: Pizza, Fresh Veggies, Applesauce, Milk Sn: Crackers, Applebutter, Milk
13 B: WGR Cereal w/ Milk, Banana L: Bean & Cheese Quesadilla, Corn, Pineapples, Milk Sn: Oatmeal Bar, Milk	14 B: WGR Bagel, Orange Slices, Milk L: Hot Dog in Bun, Smile Fries, Applesauce, Milk Sn: Snack Mix, Milk	15 B: WGR Waffle, Apples, Milk L: Pasta w/ Meat Sauce, Salad, Mixed Fruit, Milk Sn: Yogurt, Pretzels, Water	16 B: WGR Cereal w/ Milk, Banana L: Tomato Soup, Toasted Cheese Sand. Apple Slices, Milk Sn: Cheez Its, Juice	17 B:WGR Cinn. Toast, Assorted Fresh Fruit, Milk L: Spinach Mac & Cheese, Peas, Applesauce, Milk Sn: Graham Crackers, Milk
20 B: WGR Cereal w/ Milk, Juice L: Chicken Nuggets, Rice, Mixed Veggies, Applesauce, Milk Sn: Animal Crackers, Milk	21 B: WGR English Muffin, Orange Slices, Milk L: Chef Salad(Ham, HB Egg, Cheese) Roll, Peaches, Milk Sn: Tortilla Chips, Salsa, Water	22 B: WGR Waffle, Apples, Milk L: Sloppy Joe Sandwich, Sweet Potato Fries, Mixed Fruit, Milk Sn: Mini Grahams, Milk	23 B: WGR Cereal w/ Milk, Banana L: Ham & Bean Soup, Crackers, Apples, Milk Sn: Cheese Sand. Crackers, Juice	24 B:WGR Bagel, Assorted Fresh Fruit, Milk L: Pizza, Carrots, Applesauce, Milk Sn: Crackers, Applebutter, Milk
27 B: WGR Cereal w/ Milk, Banana L: Ham & Cheese Roll Up, Carrots Applesauce, Milk Sn: Oatmeal Bar, Milk	28 B: WGR Bagel, Orange Slices, Milk L: Diced BBQ Chicken, Roll, Oven Roasted Potatoes, Pears, Milk Sn: Snack Mix, Milk	29 B: WGR Waffle, Apples, Milk L: Turkey & Lentil Stew, Rice, Peaches, Milk Sn: Yogurt, Pretzels, Water	30 B: WGR Cereal w/ Milk, Banana L: Chicken Orzo Soup, Cucumbers Apples, Milk Sn: Cheez Its, Juice	31 B:WGR Cinn. Toast, Assorted Fresh Fruit, Milk L: Chicken Patty Sandwich, Corn, Applesauce, Milk Sn: Graham Crackers, Milk

- \*All juice is 100% juice      \*WGR=Whole Grain Rich      \*1 yr olds Served Whole Milk      \*2 yrs + Served 1% Milk
- \*Assorted cereals include: Cheerios, Chex (Corn, Rice, or Wheat), Corn Flakes, Kix, Life, Rice Krispies, etc.
- \*Assorted Fresh Fruit includes: Bananas, Apples, Oranges
- \*Assorted Fresh Veggies includes: Carrots, Bell Peppers, Cucumbers